

Personality in the Workplace

A toolkit of assessments you can use for self-discovery, job seeking, & workflow optimization.



CANOE (aka "Big Five")

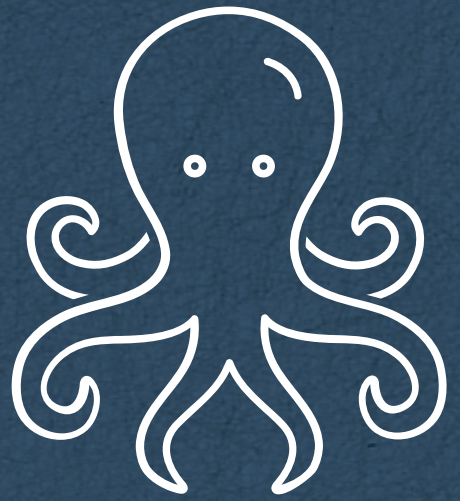
- Evidence-based & studied cross-culturally
- Five traits: Conscientiousness, Agreeableness, Neuroticism, Openness to Experience, Extraversion

[Truity's free online CANOE test](#)

Myers Briggs

- 4 dichotomies: Introvert/Extrovert, Sensing/Intuition, Thinking/Feeling, Judging/Perceiving
- Gives you a 4-letter type out of 16 possibilities

[16 Personalities free MBTI test](#)



DISC Assessment

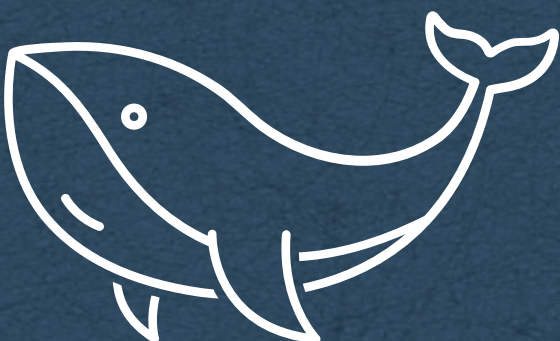
- Assigns you a letter type: D, I, S, or C
- (D)ominance, (I)nfluence, (S)teadiness, (C)onscientiousness.

[Free DISC Test from Truity](#)

RIASEC (Holland Code)

- Assigns you a letter type based on type of work you prefer.
- Realistic, Investigative, Artistic, Social, Enterprising, Conventional

[Free RIASEC from Truity](#)



Predictive Index

- Used by employers to create ideal candidate profiles!
- You also can use it to uncover your work style.

[Predictive Index Website](#)